

# babytalk

A smiling baby with dark hair and eyes, wearing a bright red dress with a white collar and pocket, is sitting on a light-colored surface. Next to the baby is a wrapped gift in pink and gold floral paper with a white ribbon. The background is a soft-focus outdoor scene with greenery and a warm, golden light.

STRAIGHT TALK FOR NEW MOMS

## let's play!

holiday toys that won't  
blow your budget

## the inside guide to baby teeth

## 21 MOM MOOD BOOSTERS

## no more runny noses?

winter remedies  
from Dr. Sears

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